Man-Tak Leung · Lee-Ming Tan Editors

# Applied Psychology Readings

Selected Papers from Singapore Conference on Applied Psychology, 2017



## **Preface**

2017 Singapore Conference on Applied Psychology (SCAP 2017), organized by East Asia Research and supported by the Hong Kong Shue Yan University and Singapore University of Technology was held on June 29–30, 2017 at Holiday Inn Singapore Atrium.

The Special theme for SCAP 2017 was 'Connecting Theory to Practice'. The annual SCAP conference series organised by East Asia Research are major international events aimed at supporting the Applied Psychology and Human Resource communities in Asia. Psychologists, healthcare professionals, academicians and researchers from all fields of applications get to meet, network and learn here.

The programme consisted of an opening speech by the conference chair, Dr. Leung, Man-tak Mike, Hong Kong Shue Yan University and two and a half hour plenary lectures by Dr. Yow Wei Quin and Dr. Denise Dillon. There are also three parallel sessions of 44 oral presentations (20 min each) and 14 poster presentations. A total of 120 registered delegates from the following countries participated in SCAP 2017: Australia, Hong Kong, India, Indonesia, Japan, Korea, Kuwait, Malaysia, Philippines, Poland, Russia, Singapore, Taiwan, Thailand, Turkey and United Kingdom. Participants were invited to submit papers to the present volume. We wish to thank Dr. Leung, Man-tak Mike from Hong Kong Shue Yan University, SCAP 2017 Conference Chair, for coordinating the reviewing of the submitted papers.

#### East Asia Research (EAR)

Established in Singapore in 2015, East Asia Research (EAR) envisions to be the gateway to improving lives and enhancing productivity in Asia through promoting cross-geographical exchange of ideas and knowledge in various faculties. This will be achieved through the dissemination of knowledge from the Asia-focused research conferences and publications by EAR.

EAR academic conferences provide a meaningful platform for researchers, post-graduates, academicians, and industry practitioners to share unique insights and drive innovation. This is a great opportunity for expanding contact networks beyond a singular field and kick-starting a strategic collaboration. Such partnership

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can bridge the resources and expertise of multiple disciplines to spearhead pioneer movements, giving rise to breakthroughs in long-standing issues.

The present volume embraces various research topics in applied psychology of music and marketing, health and community psychology, psychotherapy, cybernetic psychology, sport psychology, psychology of gambling addiction, social and personality psychology, cognitive psychology, parenting, school psychology, educational development psychology, motivation and emotion, industrial and organizational psychology, psychometrics and their cross overs. These papers will serve as supplementary readings and references for applied psychologists in doing their research.

North Point, Hong Kong Singapore, Singapore Man-Tak Leung Lee-Ming Tan

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