

# Contents

ACKNOWLEDGMENTS.....iv		
FOREWORD .....vi		
PREFACE.....vii		
GETTING THE MOST FROM THIS BOOK .....viii		
<b>PART ONE</b>		
<b><u>CONTROLLED CRUSHING</u></b>		
Chapter 1—GATHERING .....3		
• Gathering Basics		
• Single-Edge Gathering		
• Opposite-Edge Gathering		
• All-Sides Gathering		
Chapter 2—SHIRRING .....29		
• Shirring		
• Pattern Shirring		
<b>PART TWO</b>		
<b><u>SUPPLEMENTARY FULLNESS</u></b>		
Chapter 3		
—MAKING RUFFLES .....43		
• Ruffle Basics		
• Gathered Single-Edged Ruffle		
• Gathered Double-Edged Ruffle		
• Pleated Single- or Double- Edged Ruffle		
Chapter 4		
—MAKING FLOUNCES .....67		
• Circular Flounce		
• Controlled Flounce		
Chapter 5		
—MAKING GODETS .....81		
• Godet		
	<b>PART THREE</b>	
	<b><u>SYSTEMATIC FOLDING</u></b>	
	CHAPTER 6—PLEATING .....89	
	• Pleat Basics	
	• Flat Pleats	
	• Partial Pleats	
	• Projecting Pleats	
	• Accordion Pleats	
	• Wrinkled Pleating	
	• Double-Controlled Pleats	
	Chapter 7—SMOCKING .....125	
	• Smocking Basics	
	• English Smocking	
	• Direct Smocking	
	• North American Smocking	
	• Italian Smocking	
	Chapter 8—TUCKING .....149	
	• Tuck Basics	
	• Standard Tucks	
	• Curved Tucks	
	• Shell Tucks	
	• Contoured Tucks	
	• Slashed Tucks	
	• Cross-Stitched Tucks	
	• Cross-Tacked Tucks	
	• Partially Seamed Tucks	
	• Seamless Tucks	
	• Pattern Tucking	
	<b>PART FOUR</b>	
	<b><u>FILLED RELIEFS</u></b>	
	Chapter 9—CORDING .....187	
	• Cording Basics	
	• Hand-Sewn Corded Quilting	
	• Machine-Sewn Corded Quilting	
	• Surface Cording	
	Chapter 10—QUILTING.....205	
	• Quilting Basics	
	• Hand Quilting	
	• Machine Quilting	
	Chapter 11—STUFFING.....229	
	• Stuffing Basics	
	• Stuffed Quilting	
	• Stuffed Appliqué	
	• Elevated Appliqué	
	• Half-Rounds	
	• Connected Rolls	
	• Little Pillows	
	• Biscuits	
	• Peaks and Valleys	
	<b>PART FIVE</b>	
	<b><u>STRUCTURED SURFACES</u></b>	
	Chapter 12	
	—USING DARTS .....267	
	• Dart Basics	
	• Single-Pointed Dart	
	• Double-Pointed Dart	
	<b>PART SIX</b>	
	<b><u>MIXED MANIPULATIONS</u></b>	
	Chapter 13	
	—COMBINATIONS ..... 283	
	• Technique Variations	
	• Creative Combinations	
	APPENDIX .....295	
	• Hand Stitches	
	• Glossary	
	• Selected Bibliography	
	• Costume Exhibitions	
	• Endnote	
	INDEX.....304	